

Petrolia ISD

2011-2012 Breakfast & Lunch Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
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| Week 1 | BREAKFAST: Pancakes w/ syrup or "Berry Puffs" Cereal Bowl Mixed Fruit, Juice, Milk LUNCH: Chef Boyardee Ravioli w/Roll or Italian Antipasto Salad w/Salami or Energy Meal w/Bologna & Cheese Sweet Corn, Green Beans, Mixed Fruit, Peaches, Red Slushy, Milk | BREAKFAST: Biscuits w/Sausage Gravy or "Lucky Charms" Cereal Bowl Peaches, Juice, Milk LUNCH: Frito Chili Pie or Fajita Chicken Salad or Energy Meal w/Turkey & Cheese Glazed Carrots, Whole Wheat Crackers, <i>Fresh Honeydew</i> , Lettuce & Cheese, Red Slushy, Milk | BREAKFAST: Breakfast Pocket or "Cinn. Toast Crunch" Cereal Bowl Sour Green Applesauce, Juice, Milk LUNCH: Beef & Bean Burrito or Garden Pasta Salad or Energy Meal w/Ham & Cheese Mexicali Corn, Refried Beans, Sour Green Applesauce, Majestic Pears, Red Slushy, Milk | BREAKFAST: Golden Waffles w/Syrup or "Cocoa Puffs" Cereal Bowl Majestic Pears, Juice, Milk LUNCH: Steakfingers w/Gravy & Roll or Zesty Tuna Salad or Energy Meal w/Tuna Salad Scalloped Potatoes, Green Beans, <i>Fresh Cantaloupe</i> , Whole Wheat Crackers, Red Slushy, Milk | BREAKFAST: Breakfast Biscuit w/Egg or "Trix" Cereal Bowl Original Applesauce, Juice, Milk LUNCH: Tony's Pizza or Chef Salad or Energy Meal w/Po-Boy Tator Tots, Baked Beans, Original Applesauce, Chocolate Chip Cookie, Red Slushy, Milk |
| Week 2 | BREAKFAST: Biscuits w/Sausage Gravy or "Berry Puffs" Cereal Bowl Strawberry Applesauce, Juice, Milk LUNCH: Classic Italian Lasagna w/Roll or Italian Antipasto Salad w/Salami or Energy Meal w/Bologna & Cheese Green Peas, Sweet Corn, <i>Fresh Apple</i> , Strawberry Applesauce, Green Slushy, Milk | BREAKFAST: Cinnamon Toast w/Sausage or "Lucky Charms" Cereal Bowl Majestic Pears, Juice, Milk LUNCH: Chicken Fried Steak w/Gravy & Roll or Fajita Chicken Salad or Energy Meal w/Turkey & Cheese Scalloped Potatoes, Green Beans, Whole Wheat Crackers, Mixed Fruit, Green Slushy, Milk | BREAKFAST: Scrambled Eggs w/Sausage or "Cinn. Toast Crunch" Cereal Bowl Cinn. Apple Slices, Juice, Milk LUNCH: Soft Chicken Fajita Tacos or Garden Pasta Salad or Energy Meal w/Ham & Cheese Mexicali Corn, Charro Beans, <i>Fresh Orange</i> , Lettuce & Cheese, Green Slushy, Milk | BREAKFAST: Pancakes w/Syrup or "Cocoa Puffs" Cereal Bowl Mixed Fruit, Juice, Milk LUNCH: Cheeseburger or Zesty Tuna Salad or Energy Meal w/Tuna Salad Glazed Carrots, Whole Wheat Crackers, Mixed Fruit, Lettuce & Cheese, Green Slushy, Milk | BREAKFAST: Cinnamon Roll w/Sausage or "Trix" Cereal Bowl Peaches, Juice, Milk LUNCH: Tony's Pizza or Chef Salad or Energy Meal w/Po-Boy Tator Tots, Pork & Beans, <i>Fresh Grapes</i> , Chocolate Chip Cookie, Green Slushy, Milk |
| Week 3 | BREAKFAST: Pancakes w/Syrup or "Berry Puffs" Cereal Bowl Mixed Fruit, Juice, Milk LUNCH: Spaghetti de Italiano w/Roll or Italian Antipasto Salad w/Salami or Energy Meal w/Bologna & Cheese Sweet Corn, Green Beans, Mixed Fruit, Original Applesauce, Blue Slushy, Milk | BREAKFAST: Biscuits w/Sausage Gravy or "Lucky Charms" Cereal Bowl Peaches, Juice, Milk LUNCH: State Fair Corndog or Fajita Chicken Salad or Energy Meal w/Turkey & Cheese Glazed Carrots, Pork & Beans, <i>Fresh Banana</i> , Whole Wheat Crackers, Blue Slushy, Milk | BREAKFAST: Breakfast Pocket or "Cinn. Toast Crunch" Cereal Bowl Cinn. Apple Slices, Juice, Milk LUNCH: Crispy Beef Tacos or Garden Pasta Salad or Energy Meal w/Ham & Cheese Mexicali Corn, Refried Beans, Cinn. Apple Slices, Lettuce & Cheese, Blue Slushy, Milk | BREAKFAST: Golden Waffles w/Syrup or "Cocoa Puffs" Cereal Bowl Majestic Pears, Juice, Milk LUNCH: Chicken Strips w/Gravy & Roll or Zesty Tuna Salad or Energy Meal w/Tuna Salad Mashed Potatoes, Whole Wheat Crackers, <i>Fresh Watermelon</i> , Peaches, Blue Slushy, Milk | BREAKFAST: Breakfast Biscuit w/Egg or "Trix" Cereal Bowl Strawberry Applesauce, Juice, Milk LUNCH: Tony's Pizza or Chef Salad or Energy Meal w/Po-Boy Tator Tots, Baked Beans, Strawberry Applesauce, Chocolate Chip Cookie, Blue Slushy, Milk |
| Week 4 | BREAKFAST: Biscuits w/Sausage Gravy or Berry Puffs Cereal Bowl Peaches, Juice, Milk LUNCH: Italian Beefy Macaroni w/Roll or Italian Antipasto Salad w/Salami or Energy Meal w/Bologna & Cheese Glazed Carrots, Sweet Corn, <i>Fresh Kiwi Fruit</i> , Cinn. Apple Slices, White Slushy, Milk | BREAKFAST: Cinnamon Toast or "Lucky Charms" Cereal Bowl Majestic Pears, Juice, Milk LUNCH: Chicken Nuggets w/Gravy & Roll or Fajita Chicken Salad or Energy Meal w/Turkey & Cheese Mashed Potatoes, Green Beans, Whole Wheat Crackers, Majestic Pears, White Slushy, Milk | BREAKFAST: Scrambled Eggs w/Sausage or "Cinn. Toast Crunch" Cereal Bowl Mixed Fruit, Juice, Milk LUNCH: Chicken Fajita Enchiladas or Garden Pasta Salad or Energy Meal w/Ham & Cheese Mexicali Corn, Charro Beans, <i>Fresh Orange</i> , Mixed Fruit, White Slushy, Milk | BREAKFAST: Pancakes w/Syrup or "Cocoa Puffs" Cereal Bowl Sour Green Applesauce, Juice, Milk LUNCH: Baseball Park Hot Dog or Zesty Tuna Salad or Energy Meal w/Tuna Salad Scalloped Potatoes, Whole Wheat Crackers, Sour Green Applesauce, Peaches, White Slushy, Milk | BREAKFAST: Cinnamon Roll or "Trix" Cereal Bowl Majestic Pears, Juice, Milk LUNCH: Tony's Pizza or Chef Salad or Energy Meal w/Po-Boy Tator Tots, Pork & Beans, <i>Fresh Grapes</i> , Chocolate Chip Cookies, White Slushy, Milk |



Child Nutrition Department

" MENU IS SUBJECT TO CHANGE "

"Meal Benefit Applications" are available in the school cafeteria or office.
For more information on the School Nutrition Department, please visit our district website.

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